

### **Composition/Effect**

**Marine Collagen** - is characterized by its high content of amino acids such as glycine and proline, which are important for tissue repair, the formation of new cells and the overall health of the body. Due to its exceptional moisturizing properties, this acid is an effective tool in the fight against the signs of aging.

Collagen from marine fish has very good bioavailability, so it can be easily absorbed by the body and thus is able to act on various tissues and organs.

**Zinc** - as an essential mineral, contributes to the maintenance of healthy skin, promotes wound healing and collagen production. It can counteract acne and improve the overall appearance of the skin. It is also essential for healthy hair and nails.

Zinc is involved in the synthesis of many hormones, including insulin, which helps regulate blood sugar levels. It also plays a role in brain function and can help improve memory and concentration.

Vitamins A, C, E

**Vitamin A** - important for normal growth and regeneration of tissues. Vitamin A is involved in the production of collagen, so its content in a collagen preparation accelerates the wound healing process and improves the condition of the skin.

**Vitamin C** - acts as a powerful antioxidant. It can also help fight signs of aging such as wrinkles and loss of elasticity. Vitamin C also reduces hyperpigmentation and improves skin tone.

**Vitamin E** - supports hair regeneration processes, accelerates hair growth and provides a healthy appearance. It also helps improve blood circulation, which improves scalp oxygenation and hair nutrition.

However, to ensure consistent intake, it is recommended that you incorporate it into your morning routine.

If you are taking it after an aesthetic or invasive cosmetic procedure, it is recommended to take it twice a day, morning and evening.

The dietary supplement should not be used as a substitute (replacement) for a varied diet.

### **INCI**

Purified water, marine collagen, passion fruit juice, xylitol, acidity regulator, natural passion fruit flavor, vitamin C, potassium sorbate, sodium benzoate, zinc, vitamin E, vitamin A.